FEDERACIÓN COLOMBIANA DE ACTIVIDADES SUBACUÁTICAS

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# FINSWIMMING WORLD CHAMPIONSHIP SWIMMINGPOOL

SANTIAGO DE CALI COLOMBIA 2022





### GENERAL INFORMATION

The competition takes place in Cali (Colombia) from 18 to July 23 2022.

Only national federation teams affiliated with the CMAS can compete in the competition.

Each national team should respect the championship rules, the organisers' safety conditions, and the CMAS rules and regulations.

### ABOUT THE CITY OF CALI:

**Cali**, is the capital of the Valle del Cauca department, and the most populous city in southwest Colombia, with 2,227,642 residents according to the 2018 census. The city spans 560.3 km<sup>2</sup> (216.3 sq mi) with 120.9 km<sup>2</sup> (46.7 sq mi) of urban area,<sup>[2]</sup> making Cali the second-largest city in the country by area and the third most populous after Bogota and Medellin. As the only major Colombian city with access to the Pacific Coast, Cali is the main urban and economic center in the south of the country, and has one of Colombia's fastest-growing economies. The city was founded on July 25 1536 by the Spanish explorer Sebastián de Belalcázar.

Cali is also a center for sports in Colombia, and was the first and only Colombian city to have hosted the Pan American Games for 56 years until Barranquilla was chosen to host the Pan American Games in 2027.<sup>[6]</sup> It hosted the 1992 World Wrestling Championships, the ninth edition of the World Games in 2013, the UCI Track Cycling World Championships in 2014 and the World Youth Championships in Athletics in 2015. The city is to host the first ever Junior Pan American Games in 2021.







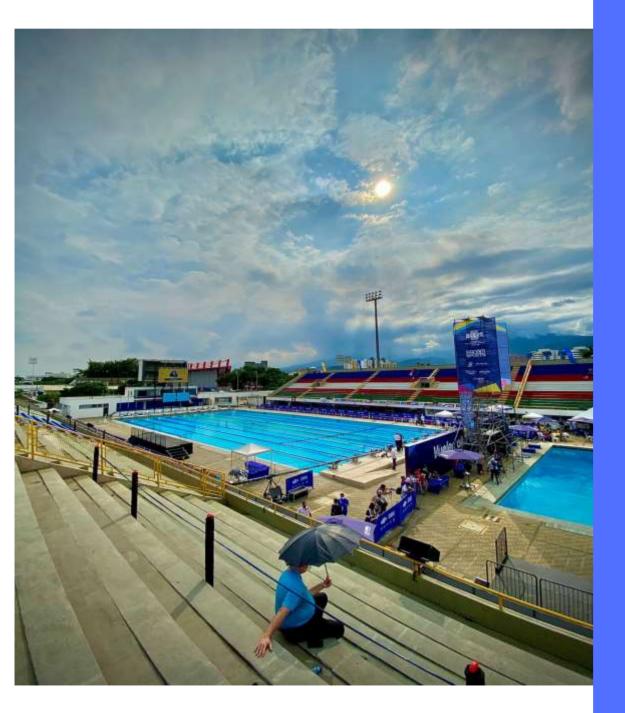
Cali is located on the Cauca Valley to the west of the Cauca River and to the east of the Western Mountain Range near the hills known as Farallones de Cali. The city rests approximately 1,000 metres (3,281 feet) above sea level. Approximately 100 kilometres (62 miles) west of Cali and over the Western Cordillera, lies the port city of Buenaventura on the Colombian Pacific coast. To the northeast are the manufacturing center of Yumbo and Cali's international airport, the Alfonso Bonilla Aragón (CLO). It is Colombia's third-largest airport in terms of passengers.





### **SWIMMING POOL**

Aquatics Centre HERNANDO BOTERO OBYRNE, built to host about 7.000 persons. There are two outdoors swimmingpools in the complex: one is 50x25m (10 lanes) and the other is 25x25m. The depth of the first one is 2.10m, of the second one is 4.2m. The pool is equipped with scoreboard and automatic timing system "DAKTRONICS".







### PARTICIPATION

#### SWIMMING-POOL EVENTS:

• Each country may enter no more than two (2) finswimmers for each distance and one (1) relay team.

• The entries must reach CMAS headquarters within the time limits set by the CMAS rules according the procedure attached (<u>www.cmasoffice.org</u> and Sportsid - Sportdata).

World Championships will be organised over four
(4) days and eight (8) sessions.

The qualifying heats are scheduled in the morning and finals in the afternoon except 400 IM, 800 SF and 1500 SF, slow heats in the morning and fast heat in the afternoon. For this reason, it's requested to the national federations to send to the CMAS HQ the official protocols of all national selection competitions in delay maximum of two weeks after the competitions (in one of the three CMAS languages). Thus, times of enrollments of the swimmers will be checked for CMAS championships. If the protocols aren't transmitted in this deadline, times of corresponding enrollments will be cancelled and the athletes will be engaged with time 00:00:00.

Competition is individual in 1 age category: male/female (15 years and older (2007 year of birth and older





# DISCIPLINES AND DISTANCES (MALE AND FEMALE)

SWIMMING POOL :

Surface Finswimming (SF): 50m, 100m, 200m, 400m, 800m, 1.500m

**Apnea (AP):** 50m **Immersion (IM):** 100m, 400m

Bi Fins (BF): 50m, 100m, 200m, 400m

**Relay:** 4x50m SF (mixed), 4x100m SF, 4x200m SF, 4x100m BF (mixed)

INTERNATIONAL JURY CMAS Technical Delegate according to the CMAS rules.

### **CLASSIFICATION AND AWARDS**

According to the CMAS rules and

#### **REGULATIONS.**

PROTESTS According to the CMAS rules.

#### **DOPING CONTROL**

Organising committee guarantees to provide doping control according to the CMAS and WADA rules.





### **CYLINDERS FILLING**

•Only compressed air without oxygen enrichment is allowed

• For pool competitions, the minimum volume of a compressed air cylinder (bottle) is 0.4L (zero point four liter)

• The maximum filling pressure for the compressed-air cylinders cannot exceed 200 bar (20 MPa).

• When a cylinder with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed • All cylinders used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local legislation.

• Each cylinder must be presented empty during checking meeting before competition. The organiser guarantees the filling of DIN 200, YOKE cylinders (bottles).

•Bottles equipped DIN could be available to National teams through a written booking request at the time of subscription and in which details about the quantity and wished volumes should be provided.





### FLAGS

National teams should bring three (3) national flags (m 2,00 x m. 1,00) and a CD with the national anthem (short version).

### GENERAL SCHEDULE

# THE CHAMPIONSHIP PROGRAM IS AS FOLLOWS:

DAY 1 -	18/07/22: Arrival of delegations
DAY 2 -	19/07/22: Training Day / Technical meeting / Championship Opening Ceremony
DAY 3 -	20/07/22: Swimming pool competition / dinner of heads of delegation
DAY 4 -	21/07/22: Swimming pool competition
DAY 5 -	22/07/22: Swimming pool competition
DAY 6 -	23/07/22: Swimming pool competition / Championship Closing Ceremony / Athletes Party
DAY 7 -	24/07/22: Departure day of delegations





### **BOOKING & ENTRY**

### Choice 1 (7 days): from Monday 18 to Sunday July 24

(Finswimming World Championship and training days) Entry fee per participant is  $700,00 \in$ .

The organiser will provide:

•Accommodation in three-star hotels with double or triple hotel rooms full board.

• Providing of 2x0,5I drinking water per pax/per day

•Free transfers between the official hotel and swimming pool (training day include).

•Participation at the opening ceremony and closing ceremony.

• Due to covid19 issues and safety protocols from the Valle del Cauca health department, will not allow for Participants to be accommodated in hotels other than official hotels of the competition.

# Choice 2 (9 days): from Saturday 16 to Sunday July 24

(Finswimming World Championship and training days) Entry fee per participant is 900,00 €.

The organiser will provide:

•Accommodation in three-star hotels with double or triple hotel rooms full board.

•Providing of 2x0,5l drinking water per pax/per day

•Free transfers between the official hotel and swimming pool (training days include).

•Participation at the opening ceremony and closing ceremony.

• Due to covid19 issues and safety protocols from the Valle del Cauca health department, will not allow for Participants to be accommodated in hotels other than official hotels of the competition.





### BOOKING & ENTRY

### Choice 3 (11 days): from Thursday 14 to Sunday July 24

(CMAS World Championships: Finswimming and training days) Entry fee per participant is 1.050  ${\ensuremath{\in}}$  .

The organiser will provide:

- Accommodation in three-star hotels with double or triple hotel rooms full board.
- Providing of 2x0,5I drinking water per pax/per day
  - Free transfers between the official hotel and the swimmingpool (training days include).
- Participation at the opening ceremony and closing ceremony.
- Due to covid19 issues and safety protocols from the Valle del Cauca health department, will not allow for Participants to be accommodated in hotels other than official hotels of the competition.

Full board accommodation is considered as breakfast, warm lunch, warm dinner and water drink 0,5l per meal included.

#### Extra charges:

• These payments must be organised directly with the organisation of the competition.

• Transfers from international airport "Alfonso Bonilla Aragon" to hotel and return, 40 euro per pax. (Groups of 6 persons and more), and groups less than 5 person payment must be 50 euro.

- Extra charges for single room ascend to 45 euro per pax per day.
- Extra day charged during training days before competition at 90 euro per pax per day, including full board accommodation (breakfast, lunch, dinner and water drink 0,5 l per meal included).

During the championship dates, the offer includes all benefits. Outside the championship dates, the offer includes full board only.

Due to COVID pandemic and health protocol of the regional government, all teams must stay obligatory during the competition and during training camp in the official hotels of the competition.

If a team needs a PCR COVID test to travel back to your origin countries, price will be 70 euro per person and must inform to the organisation committee before July 18 2022.





#### Training camp before Championship:

• Training camp before Championship: teams wishing to organise a training camp before the championships must specify their request to the organising committee (date of arrival, training days, number of lines, etc.) before May 10, 2022.

### BOOKING & ENTRY

The organisation will give the rate as soon as it is available. The estimated cost of 1 training session: 6 euro per person. (10 person per line max).

- Immersion Cylinders of 1 to 4 liters could be available to National teams upon reservation: 5€ per bottle.
- •Local transportation during the extra days: public transport between hotels and pool, in addition, a taxi service may be offered at the delegation charge.

• Transportation during training camp from hotel to pool and return 5 euro per person. (6 person minimum). Less than 5 person group cost per person 10 euro.

Deadline for the hotel booking: May 3 2022. Late registrations will not guarantee the accommodation booking.





### PAYMENTS

The organiser accepts only cash or bank transfers in Euros (bank charges will be billed to the sender). Bank checks and credit cards will not be accepted. A minimum of 50% of the total entry fee should be deposited at our bank no later than the April 18 2022 to guarantee the booking.

Second payment must be done by June 1 2022.

April 18 2022, the participation fees will be increased by a further 10% of total amount. The remaining amount should be paid preferably before June 1 2022 in case of bank transfer, and before the delegation arrival.





### INFORMATION FOR BANK TRANSFERS :

Dear Sirs!

To comply with Colombian currency regulations would you be so kind supplying the transfer (payment throw bank) with a letter on blank and with stamp of your federation (Annex 3) by e-mail: <u>cali2022worldcmas@gmail.com</u>.

Please send a request to this e-mail to receive back the bank information to proceed to the payment.





VISAS

Due to COVID restrictions the special regulations for obtaining visa or entry permission are required. Please fulfil the ANNEX 6 with the list of delegates and send copies of their passports not later than 1th of May 2022.

For the World Championship in Colombia, no prior quarantine is required.

Frequently consult the new provisions for the arrival of travelers to Colombia on the following pages:

https://www.cancilleria.gov.co https://www.migracioncolombia.gov.co





#### MISCELLANEOUS

The electrical power in Colombia is 220V, 50 Hz

### DEADLINE –ENTRY AND PARTICIPATION CONDITIONS As reception of this specific rules:

• Registration and payment of the CMAS fees subscription must be done on www.cmasoffice.org

• The Hotel booking forms, the payment and the bank transfer certificate must be sent to the Organizing Committee according to the following schedule:

- 18th APRIL 2022 (no later): ANNEX 1 : Initial entry form
- 3rd MAY 2022 (no later): ANNEX 2 : Hotel booking form

• 18th MAY 2022 (no later): ANNEX 3: Confirmation of payment

• 18th MAY 2022 (no later): ANNEX 4: Competitor's list form

• 3rd JUNE 2022 (no later): ANNEX 5 : Final hotel booking form





• The competitor's list has to be entered according the procedure attached and the form should be sent to the organising committee.

• The list of national records should be sent to CMAS HQ and the organising committee. For further information, please contact us at the following addresses:

#### ORGANISING COMMITEE: COLOMBIAN UNDERWATER FEDERATION- FEDECAS

### GENERAL DIRECTOR OF THE COMPETITION: WILLIAM PEÑA PRESIDENT FEDERATION +57 3153528771

#### **TECHNICAL DIRECTOR OF THE COMPETITION:**

ALVARO POLO LOZADA VICEPRESIDENT FEDERATION +57 3168341256

**OFICIAL EMAIL OF THE COMPETITION:** 

cali2022worldcmas@gmail.com





Monday 18 <sup>th</sup> July 2022				
During the day	Arrival of delegations, accreditations of participants (at the swimming pool), accommodation in hotels			
10:00 - 22:00	Training			
Afternoon:				
13:00 -15:00	Lunch			
19:30 - 21:00	Dinner			
Tuesday 19th July 2022				
Morning:				
7:00 - 9:00	Breakfast			
10:00 - 22:00	Training at the swimming pool			
10:00 -18:00	Sports equipment check (according to the CMAS rules)			
Afternoon:				
13:00 - 15:00	Lunch			
15:00	Judges meeting			
16:00	Team leaders technical meeting			
18:00	Opening ceremony			
20:00	Dinner			





Morning:Image: Constant of the second se	Wednesday 20th July 2022	
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Instrume         Instrume           100 SF Women         100 SF Women           100 BF Women (Final)         2-d Award Ceremony           100 BF Men (Final)         100 SF Men           100 BF Men (Final)         3-d Award Ceremony           100 BF Women (Final)         400 SF Women           100 BF Women (Final)         400 SF Women           400 SF Women (Final)         400 SF Men           400 SF Men (Final)         400 SF Men           400 SF Men (Final)         400 SF Men           400 SF Men (Final)         6-th Award Ceremony           400 SF Men (Final)         400 SF Momen           100 BF Men         400 SF Momen           4x50 SF Mixed relay (Final)         6-th Award Ceremony           100 SF Men         400 SF Men           100 SF Men         7-th Award Ceremony           100 SF Mixed relay (Final)         100 SF Men           100 SF Men         100 SF Men           100 SF Men         100 SF Men           100 SF Men         100 SF Men           100 SF Mixed relay (Final)         100 SF Men           100 SF Mixed relay		
100 SF Women           100 BF Women (Final)           2-d Award Ceremony           100 SF Men           100 BF Men (Final)           3-d Award Ceremony           100 BF Women (Final)           400 SF Women (Final)           400 SF Women (Final)           400 SF Women (Final)           400 SF Men (Final)           5-th Award Ceremony           400 SF Men (Final)           400 SF Men (Final)           5-th Award Ceremony           400 SF Men (Final)           6-th Award Ceremony           4x50 SF Mixed relay (Final)           6-th Award Ceremony           4x50 SF Mixed relay (Final)           100 SF Men           19:30 - 21:00         Dinner for participants           20:00 - 23:00         Friendly dinner for team leaders and head coaches of		
100 BF Women (Final)           2-d Award Ceremony           100 SF Men           100 BF Men (Final)           3-d Award Ceremony           400 BF Women (Final)           400 SF Women (Final)           400 SF Women (Final)           400 SF Men (Final)           6-th Award Ceremony           400 SF Mixed relay (Final)           6-th Award Ceremony           400 SF Mixed relay (Final)           6-th Award Ceremony           400 SF Mixed relay (Final)           19:30 - 21:00         Dinner for participants           20:00 - 23:00         Friendly dinner for team leaders and head coaches of		
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100 SF Men           100 BF Men (Final)           3-d Award Ceremony           100 BF Women           100 BF Women           400 SF Women (Final)           400 SF Women (Final)           400 SF Men (Final)           5-th Award Ceremony           400 SF Men (Final)           400 SF Men (Final)           400 SF Men (Final)           400 SF Men (Final)           6-th Award Ceremony           4x50 SF Mixed relay (Final)           6-th Award Ceremony           4x50 SF Mixed relay (Final)           7-th Award Ceremony           4x50 SF Mixed relay (Final)           19:30 - 21:00         Dinner for participants           20:00 - 23:00         Friendly dinner for team leaders and head coaches of		100 BF Women (Final)
100 BF Men (Final)           3-d Award Ceremony           100 BF Women           100 BF Women           400 SF Women (Final)           400 SF Men (Final)           19:30 - 21:00         Dinner for participants           20:00 - 23:00         Friendly dinner for team leaders and head coaches of		2-d Award Ceremony
3-d Award Ceremony17:00 - Competition Start3-d Award Ceremony400 SF Women (Final)400 SF Women (Final)400 SF Men (Final)400 SF Men400 SF Men (Final)5-th Award Ceremony400 SF Men (Final)400 SF Women4x50 SF Mixed relay (Final)6-th Award Ceremony400 SF Men400 SF Men4x50 SF Mixed relay (Final)6-th Award Ceremony400 SF Men400 SF Men19:30 - 21:00Dinner for participants20:00 - 23:00Friendly dinner for team leaders and head coaches of		100 SF Men
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17:00 - Competition Start       400 SF Women (Final)         400 SF Women (Final)       100 BF Men         400 SF Men (Final)       400 SF Men         400 SF Men (Final)       5-th Award Ceremony         400 SF Mixed relay (Final)       400 SF Momen         4x50 SF Mixed relay (Final)       6-th Award Ceremony         400 SF Men       400 SF Men         19:30 - 21:00       Dinner for participants         20:00 - 23:00       Friendly dinner for team leaders and head coaches of		3-d Award Ceremony
400 SF Women (Final)         4-th Award Ceremony         100 BF Men         400 SF Men (Final)         400 SF Men (Final)         400 SF Men (Final)         400 SF Women         4x50 SF Mixed relay (Final)         6-th Award Ceremony         400 SF Men         400 SF Men         400 SF Men         4x50 SF Mixed relay (Final)         400 SF Men         400 SF Men         400 SF Men         19:30 - 21:00         Dinner for participants         20:00 - 23:00	17.00 - Competition Start	100 BF Women
100 BF Men         400 SF Men (Final)         5-th Award Ceremony         400 SF Women         4x50 SF Mixed relay (Final)         6-th Award Ceremony         400 SF Men         7-th Award Ceremony         4x50 SF Mixed relay (Final)         0         400 SF Men         19:30 - 21:00         Dinner for participants         20:00 - 23:00	17.00 - competition start	400 SF Women (Final)
400 SF Men (Final)         5-th Award Ceremony         400 SF Women         4x50 SF Mixed relay (Final)         6-th Award Ceremony         400 SF Men         400 SF Men         19:30 - 21:00         Dinner for participants         20:00 - 23:00		4-th Award Ceremony
5-th Award Ceremony         400 SF Women         4x50 SF Mixed relay (Final)         6-th Award Ceremony         400 SF Men         7-th Award Ceremony         4x50 SF Mixed relay         19:30 - 21:00         Dinner for participants         20:00 - 23:00		100 BF Men
400 SF Women         4x50 SF Mixed relay (Final)         6-th Award Ceremony         400 SF Men         400 SF Men         7-th Award Ceremony         4x50 SF Mixed relay         19:30 - 21:00         Dinner for participants         20:00 - 23:00		400 SF Men (Final)
4x50 SF Mixed relay (Final)         6-th Award Ceremony         400 SF Men         7-th Award Ceremony         4x50 SF Mixed Ceremony         0         19:30 - 21:00         Dinner for participants         20:00 - 23:00         Friendly dinner for team leaders and head coaches of		5-th Award Ceremony
6-th Award Ceremony         400 SF Men         7-th Award Ceremony         4x50 SF Mixed relay         19:30 - 21:00         Dinner for participants         20:00 - 23:00         Friendly dinner for team leaders and head coaches of		400 SF Women
400 SF Men         7-th Award Ceremony         4x50 SF Mixed relay         19:30 – 21:00         Dinner for participants         20:00 – 23:00         Friendly dinner for team leaders and head coaches of		4x50 SF Mixed relay (Final)
7-th Award Ceremony       4x50 SF Mixed relay       19:30 - 21:00     Dinner for participants       20:00 - 23:00     Friendly dinner for team leaders and head coaches of		6-th Award Ceremony
7-th Award Ceremony       4x50 SF Mixed relay       19:30 - 21:00     Dinner for participants       20:00 - 23:00     Friendly dinner for team leaders and head coaches of		
4x50 SF Mixed relay           19:30 – 21:00         Dinner for participants           20:00 – 23:00         Friendly dinner for team leaders and head coaches of		
19:30 - 21:00Dinner for participants20:00 - 23:00Friendly dinner for team leaders and head coaches of		
Friendly dinner for team leaders and head coaches of	19:30 - 21:00	
70900 - 73900		
	20:00 - 23:00	national delegations





Thursday 21th July 2022	
Morning:	
07:00 -08:00	Breakfast
07:45 - 08:30	Warm-up group A
08:30 - 09:15	Warm-up group B
	Session 3 :
	100 IM Women (heats)
	100 IM Men (heats)
	200 SF Women (heats)
	200 SF Men (heats)
	200 BF Women (heats)
09:30 – Competition Start	200 BF Men (heats)
	1500 SF Women (slow heats)
	1500 SF Men (slow heats)
	4x100 BF Mixed relay (heats)
Afternoon:	
13:00-15:00	Lunch
15:15 - 16:00	Warm-up free
16:00 - 16:45	Warm-up finalists group
	Session 4:
	100 IM Women (Final)
	100 IM Men (Final)
	1-st Award Ceremony
	100 IM Women
	200 SF Women (Final)
	2-d Award Ceremony
	100 IM Men
	200 SF Men (Final)
	3-d Award Ceremony
	200 SF Women
	In American State American Contraction Con
	200 BF Women (Final) 4-th Award Ceremony
	200 SF Men
17.00 0	200 BF Men (Final) 5-th Award Ceremony
17:00 - Competition Start	200 BF Women
	1500 SF Women (Fast heat)
	6-th Award Ceremony
	200 BF Men
	1500 SF Men (Fast heat)
	7-th Award Ceremony
	1500 SF Women
	4x100 BF Mixed relay (Final)
	8-th Award Ceremony
	1500 SF Men
	9-th Award Ceremony
	4x100 BF Mixed relay
19:30 - 21:30	Dinner





Friday 22th July 2022	
Morning:	
07:00 -08:00	Breakfast
07:45-08:30	Warm-up group A
08:30 - 09:15	Warm-up group B
	Session 5:
	50 SF Women (heats)
	50 SF Men (heats)
	50 BF Women (heats)
00.20 0	50 BF Men (heats)
09:30 - Competition	400 IM Women (slow heats)
Start	400 IM Men (slow heats)
	400 BF Women (heats)
	400 BF Men (heats)
	4x200 SF Women (heats)
	4x200 SF Men (heats)
Afternoon:	
13:00-15:00	Lunch
15:15 - 16:00	Warm-up free
16:00 - 16:45	Warm-up finalists group
10.00 10.40	Session 6:
	50 SF Women (Final)
	50 SF Men (Final)
	1-st Award Ceremony
	50 SF Women
	50 BF Women (Final)
	2-d Award Ceremony
	50 SF Men
	50 BF Men (Final)
	3-d Award Ceremony
	50 BF Women
	400 IM Women (Fast heat)
	400 IM Women (Fast near) 4-th Award Ceremony
	50 BF Men
	400 IM Men (Fast heat)
17:00 - Competition	
Start	5-th Award Ceremony
	400 IM Women
	400 BF Women (Final)
	6-th Award Ceremony
	400 IM Men
	400 BF Men (Final)
	7-th Award Ceremony
	400 BF Women
	4x200 SF Women (Final)
	8-th Award Ceremony
	400 BF Men
	4x200 SF Men (Final)
	9-th Award Ceremony
	4x200 SF Women
	10-th Award Ceremony
	4x200 SF Men
19:30 - 21:30	Dinner





Saturday, 23th July 2022	
Morning:	
07:00 -08:00	Breakfast
07:45 - 08:30	Warm-up group A
08:30 - 09:15	Warm-up group B
	Session 7 :
	50 AP Women (heats)
	50 AP Men (heats)
09:30 – Competition Start	800 SF Women (slow heats)
•	800 SF Men (slow heats)
	4x100 SF Women (heats)
	4x100 SF Men (heats)
Afternoon:	
13:00-15:00	Lunch
15:15 - 16:00	Warm-up free
16:00 - 16:45	Warm-up finalists group
10.00 10.45	Session 8:
	50 AP Women (Final)
	50 AP Men (Final)
	1-st Award Ceremony
	50 AP Women
	800 SF Women (Fast heat)
	2-d Award Ceremony
	50 AP Men
	800 SF Men (Fast heat)
17:00 – Competition Start	3-d Award Ceremony
17.00 Competition Start	800 SF Women
	4x100 SF Women (Final)
	4-th Award Ceremony
	800 SF Men
	4x100 SF Men (Final)
	5-th Award Ceremony
	4x100 SF Women
	6-th Award Ceremony
	4x100 SF Men
19:30 - 21:30	Dinner
22:00	Closing ceremony for participants
Sunday, 24th July 2022	
5unday, 24th July 2022	

Sunday, 24th July 2022	
During the day	Departure of delegations